Conference 04 from Phase A.

CONF. 04

THE SEVEN CENTERS OF THE HUMAN MACHINE

The objectives of this conference are:

- To know which centers we possess internally. To know how they work, what energy they consume, where they are located, etc.
- What possibilities we have as human beings to develop them, balance them and regenerate them.
- What function they fulfill, what their activity is during daily life and how to save energy.

The Seven Centers of the Human Machine: (it is important to note here that when speaking of Centers we refer to something that belongs to the Physical World, and therefore to the Physical Body.

Sexual Center.

- Location: Coccyx Bone.
- Function: TO CREATE, with three possibilities of sex:

6. **Supra-sex:** creates the children of light, creation of the existential bodies of the Being.

7. **Normal-sex:** reproduction of the species (without fornicating).

8. **Infra-sex:** reproduction of the animal ego.

- Energy: Sexual.
- Sense: Touch.
- Defect: Laziness.

Instinctive Center.

- Location: Sacrum Bone
- Function: Its conscious function is to APPREHEND (“apre**h**ender”: to capture the deep meaning of any situation lived without keeping it in the memory).

- It is in charge of managing all the waters of the microcosm, therefore, it manages the health of the physical body, the reproduction of the cells, karma, etc.
- It manages all the metallic atoms of our Mercury. In them our Ego is found, that is why when the Emotional Center produces a desire this Center takes possession of it. For this reason we will say that it fulfills the function of **Learning** ("aprender", without the **h**, which takes place through the memory of the waters), through desire: TO DESIRE and it is the mechanical function of this center.
- Energy: Vital.
- Sense: Taste.
- Defect: Greed.

Lower Emotional Center.

- Location: at the height of the Navel, on the spinal column.
- Function: TO FEEL: Positive and Negative Emotions. Positive emotions are originated by the consciousness; such as the desire to serve and to love. Negative emotions make us feel pleasure or pain and reject. With negative emotions we fall in love, we feel pleasure, joy... we hate, we feel resentment and rancor. We must learn to balance this center because it is the one that manages the fire, and therefore it keeps us adulterating at every moment.
- Energy: Emotional.
- Sense: Smell.
- Defect: Lust.

Lower Intellectual Center.

- Location: at the height of the Heart, on the spinal column.
- Function: TO THINK: To Devise, to Plan, to Project, to Remember. Before doing anything we first plan it, that is why it is said that thoughts are the origin of works. When we think, even if we do not know it, we are beginning to create. The quality of the works depends on the quality of the thoughts. We have to learn to self-observe this center, since it spends a lot of energy (with negative thoughts). The best way to think is not to think and to know how to listen to the heart.
- Energy: Mental.
- Sense: Hearing.

- Defect: Pride.

Motor Center.

This is the center of movement. It is in charge of all works and words. This center is totally mechanical when it is managed by the psychological I (We are Zombies). It learns to do anything and perfects the movement until thought does not take part at all. If we thought when this center acts we could even kill ourselves, for example, when we are driving a vehicle. This center manages the will and as long as we have defects our works will be influenced by them.

- Location: at the height of the Larynx, on the spinal column.
- Function: TO DO with Words, Works and Omissions. What human beings do the most is to speak all kinds of nonsense, they almost never say or do useful things.
- Energy: Motor.
- Sense: Sight.
- Defect: Anger.

Higher Emotional Center.

- Location: Pituitary Gland or Hypophysis.
- Function: TO JUDGE, to measure effects.
- Energy: Of the Consciousness.
- Sense: Self-Observation or Clairvoyance
- Defect: Gluttony.

Higher Intellectual Center.

- Location: Pineal Gland.
- Function: TO KNOW.
- Energy: Of the Pure Spirit.
- Sense: Polyvoyance.
- Defect: Envy.

THE SEVEN CENTERS OF THE HUMAN MACHINE

E. Pure Spirit — F: To Know — D: Envy

E. Of the Consciousness — F: To Judge — D: Gluttony

E. Motor — F: To Do — D: Anger

E. Mental — F: To Think — D: Pride

E. Emotional — F: To Feel — D: Lust

E. Vital — F: To Apprehend - To Desire — D: Greed

E. Sexual — F: To Create — D: Laziness

SI — Higher Intellectual C. — Saturn

LA — Higher Emotional C. — Jupiter — Self-observation

SOL — Motor C. — Mars - Sight

FA — Lower Intellectual C. — Sun - Hearing

MI — Lower Emotional C. — Venus - Smell

RE — Instinctive C. — Mercury-Taste

DO — Sexual C. — Moon -Touch

THE CURRENT STATE OF THE SEVEN CENTERS:

In all human beings the centers are unbalanced, since nobody is interested in working on oneself, and almost all beings do not know themselves. Hence we have to begin the work by knowing them.

The Instinctive center, as producer of energies, supplies all the lower centers, and the surplus of energy is deposited in the Sexual center. This work is done during the night when the physical body rests.

At the beginning of the day each one of us finds ourselves with full batteries. And we begin to spend energy every time we use a center.

Each one of our thoughts goes on spending the energy of the Intellectual center, until its initial charge is exhausted. When this charge is totally exhausted the Intellectual center steals from the Sexual center in order to keep functioning.

Each one of our words and each one of our movements go on spending the energy of the Motor center. When its energy reserves are exhausted it has to steal energy from the Sexual center in order to keep working.

Each one of our emotions in daily life exhausts energy of the Emotional center, and in turn it goes on stealing from the Sexual center.

In turn, the Sexual center, in order to work, since it has been plundered during the whole day, has to work with the surplus of the other centers. Conclusion: they do not work with their own energy and nothing new can be created.

To make matters worse very few humans know the Supra-sex and when they come to the sexual practice they strive to extract the energy or Expel it through the orgasm. And all the energy reserves are extracted to amuse ourselves.

HOW THE CENTERS ARE BALANCED:

The first five centers are fallen and work wrongly. The two superior ones did not fall and work in a balanced way. Very few beings make use of the superior centers. The majority misuse the five inferior ones.

1. **If we are going to balance the centers, we must learn to observe them first.**
2. **The second step will be to learn to save energy so that there is no plundering of the Sexual center.**

RIGHT THINKING — RIGHT FEELING — SELF-OBSERVATION — RIGHT ACTING — RIGHT SPEAKING

We must begin to reflect on:

- What is Right Thinking? This thought is not from my Being, it is from an Ego and it has to die.
- What is Right Feeling? This feeling is not from my Being, it is from an Ego and it has to die.
- What is Right Acting? What am I doing? This mechanicity is not from my Being, it is from an Ego and it has to die.

- What is Right Speaking? What am I saying? This is not useful and must die.

If we begin this strategy, we will see that very few of the things that we do, say, feel and think meet these requirements. We will realize that we do nothing but foolish things, that we never think about anything useful, that we never feel anything good and that we talk nonstop. Conclusion: failure.

By putting this strategy into practice, the Saving of energy will begin, and this will allow us, by using sex well, to create the Existential Bodies of the Being, and to come out of the animal state in which we currently find ourselves.

Since any possibility of Being depends on this, we must begin to practice it immediately.

End of Conference 04.