Conference 35 from Phase A.

CONF. 35

EXPLANATIONS ABOUT THE FAMILY AND ATTACHMENTS

The objectives of this conference are:

- To understand what the family is and the mistaken concepts we have about it.
- To see the value that it has in the esoteric work.
- The problems that it originates in the development of the esoteric work.
- The stagnation and the conflicts that attachment generates.

We possess three families:

1- The first kind of family is related to the exterior world, where we find our Physical Body and the Personality. The Physical Family: father, mother, brothers and sisters, wife, children, uncles and aunts, cousins, grandparents, grandchildren, etc.

2- A second family related to the Soul, or Mind or Energy. This part of the soul is what we are going to call our interior world. The Psychological Family: our whole Ego or ways of being of oneself, the 97% of trapped Essence or Consciousness.

3- The third family is the one related to the Spirit or Consciousness; it is the part that we are going to call our interior world of the interior. The Real Family: the 3% of free Consciousness, to which we will go on adding all that we rescue from the psychological prison. Each one of these psychological elements that we have has a real and true part that is trapped in its interior.

LET US ANALYZE THE PHYSICAL FAMILY:

- Undoubtedly, we all need the physical body in order to be able to exist and do the Work.
- We all have the right to have 108 human physical bodies (Law of Return).
- This implies that we will have to be born 108 times. Therefore, we will have 108 mothers and 108 fathers.
- It also implies that we will have to pay for the different bodies that have been given to us (Laws of Return and Recurrence).

- The human being at birth is defenseless; that is why we must have a mother to take care of us until we can defend ourselves.
- The persons born of the same mother we call brothers and sisters. Which of all the 108 mothers we have had is the true one? Which of the 108 fathers we have had is the true one? Which of all the thousands of brothers and sisters we have had are the true ones?
- We return in the seed of our descendants. For the reproduction of the species it becomes necessary to obtain a partner.
- The creation of the Existential Bodies of the Being will be done in sex, and for that we will have to have a stable partner.
- From the foregoing we see the importance of having a physical family.
- The wife is a sister who is collaborating with us, and we with her.
- The children are brothers and sisters whom we committed ourselves to help.
- We see the people in the street as strangers because they were not born in our house. We do not understand that they are our brothers and sisters. Is our house not perhaps the planet Earth?
- Attachments do not let us understand that all human beings are brothers and sisters to one another and that no other bond or title exists.

Let us analyze the Psychological family:

The interior family is constituted by some elements called Egos, which handle the different energies of the centers of the machine. This interior family was formed through the bad use of the Sexual Creative Energy.

All the impressions not transformed, because of lack of concentration, create more psychological defects; later, with the passing of time, we have created a legion.

There are egos of every model, but each one has its own percentage of trapped sparks or essence, formed by the totality of energy that it has absorbed throughout its existence. That happens each time we feed the defect. The sum of them is our psychological family, or interior world.

All the defects are synthesized in the Seven Cause-Egos: Laziness, Greed, Lust, Pride, Anger, Gluttony and Envy.

As the poet of Mantua said, even if we had a palate of steel and a thousand tongues, we would not manage to describe them completely.

Those defects are all our vices, desires, mistakes, sufferings, pleasures, reactions, etc. And they are dearer to us than our own physical children.

Hence the attachment we have to them. You are going to see it, and to verify it, when you advance in the work of Psychological Death

Let us analyze the Real Family:

We call it the true family because it will exist eternally. Our Being is constituted by many parts, all of them unfoldings of our Father:

- God as Father represents our wisdom.
- God as Mother is our Essence, our raw material, our Creative Energy of the Holy Spirit, our Love.
- God as Son symbolizes Justice, the Psychological Trainer, the giver of Light (Wisdom) and Fire (Love). Those three primary forces unfold in our interior into three others, which are:
- Atman. The Innermost, the Ineffable, the Warrior.
- Budhi. Our Divine Soul, the Valkyrie.
- Manas. The Christ Will, the Verb. Our Human Soul. There are also:
- The Inner Christ.
- The Twelve Apostles.
- The Twenty-four Elder Bakers.
- The Four deva-rajas, etc., etc., etc. To the extent that we work in the Three Factors and the Revolution of Consciousness advances, the Integration of our Being begins. We go on experiencing that all those sparks, which are now trapped in the legion, go on being liberated and integrated in order to be able to achieve the Sacred Individuality, since in the end all of them will be a Unity.

Now let us see the matter of Attachments:

What are we attached to? Why do we believe that being attached is being in love? On what are our attachments founded?

As is studied in the Conference on Non-Identification with the things of daily living, we can see that all attachments have their origin in fear, that the Devil disguises himself as love through attachment.

This matter of attachment is terrible. It ends up delaying and even paralyzing the possibility of Self-realizing ourselves if we do not understand it perfectly.

A male and a female unite, and the first thing they look for is a roof. Then they begin to fill it with furniture, and afterward they put down roots. Later come the children, the properties, the possessions and thousands more trifles.

We become attached to all the comforts. We suffer at the thought of losing them; we think how our life would be without that; we feel ourselves in the things and persons; we have become accustomed to them. We do not want to inconvenience ourselves. We feel that it cost us a great deal of work. We think that to be without them would be like going backward. We worry about what people will say, what they will think, etc.

When have you ever seen a burial with a moving van, with all the household goods?

We feel ourselves owners of the children, of the wife, of the husband, and this prevents us from seeing the reality of things. The transitoriness of all the things and circumstances of life.

The reality is that each one of our children must learn to fend for himself. That each one of them will reach youth and begin his own road. That our responsibility is to take care of them until they develop and form their own homes.

But the most interesting thing comes when a person learns to project astrally in a conscious way and discovers that he has no real physical family. There he would forget about that. And if he were asked: “who are all the sparks that there are on the planet?”, he would say that they are all his brothers and sisters, because they all form the same as he does, the Great Family of the inhabitants of the Planet Earth.

Then, with that Consciousness, he would say: “well, then... who is my mother?”. Well, she is a sister, someone who helped me to have my physical body, who owed it to me. “Who is my father?”. The same. “Who are my children?”. Persons to whom I have to pay something that I owed them, and so on successively. Before, they gave me a body, and now I give them a body; it is as simple as that.

When one begins to see life in this way, we can begin to originate great changes in our psychology.

Let us study this a little more: when a person dies, after approximately three months he carries out the process of detachment from his family and goes on forgetting all of this. He remains living in his interior world. There he manages perfectly, in the world of the Soul. If he is conscious, he will be able to go on living consciously. If he is asleep, he will live hypnotized in that interior world, waiting to be given another physical body in order to return to the planet Earth.

A grave problem in Esotericism is posed by attachment. When one is working in the interior world one has to pass through the ordeals.

And the ordeals are won or lost. If one is very attached, one generally loses the ordeals.

It is necessary to understand the conflict that exists with the family and attachments, to have it very clear, very well understood, so as not to stagnate in the work.

- When one arrives, for example, at the decision of the Paths, the Direct Path or the Path of Nirvana, the grave conflict that one goes through. Of a thousand (1,000) initiates, only one decides for the Direct Path. The remaining nine hundred ninety-nine (999) go into this Path of Nirvana because of attachment to the Cause-Egos. Those egos do not let one go along the Direct Path; they make trouble for him and make him choose the path of Nirvana. But let us look on the physical plane at the true esoteric worker. When the person goes on awakening Consciousness with the esoteric work, he begins to meet the Lords of the Law daily. It is like being a lawyer: every day one has to go to the Court up to two and three times, because the Karma is being negotiated. The Karma of seven existences is being paid. There are crimes so grave and karmas so heavy that if they came to collect them from us we could not self-realize. Then it is necessary to be negotiating daily.

At a given moment the master Anubis may appear and tell us: “look, such and such a karma is coming to you; you have to negotiate it in such and such a way”. And one could answer him: “very well, let us do that”. But no. I am going to give as an example the case of a companion of ours:

One night, in the astral world, he met Anubis, who tells him: “look, a karma for pride is coming to you, and leprosy is your lot”. He answered: “can I negotiate it?”. —“Yes, you will go to Brazil in two months to look for a brother”.

The man came to the physical plane, scratched his head and thought: my wife, my children, my children's school, my house, my farm, my conference halls, my companions, my comforts, my friends, my language, my money, my income, etc. How am I going to go over there!

The fact of the matter is that he looked for Anubis and told him: “I am not going; send me the leprosy”. Two months later his family had him committed to Agua de Dios; it put him there for fifteen years.

The man decided to pay with pain. Two months later he had no wife, no children, no automobile, no house, no farm. If he had gone to do his work he would not have suffered so much, but attachment to his things sank him terribly.

There are many cases similar to this one. When the family weighs more than the Work, there is no possibility of passing any ordeal. It is important, then, that every person who is attempting the self-realization of the Being reflect and understand what the true position of each thing is.

All the values that society has given to the family repeat the structure of society itself. When we human beings were nomads and traveled through all parts of the planet, we moved about; we were not planted.

If we understand this, we will be able to do the work in a single existence; we will be able to go forward at the moment when we have to make the decisions.

There are four ordeals that are set for us incessantly when we are in this work. They are the ordeals of Air, Fire, Water and Earth.

No one would pass the ordeals of Air if he has attachments. Each time that internally we are thrown into an abyss and we scream, that scream is an unmistakable symptom of an attachment. Attachment to the physical body, attachment to this, attachment to that, to a child, to a thing, etc. And the Masters make us see it internally by hurling us from above. Then we feel the terror of losing and we scream.

If we were conscious that each time we buy one more adornment for the house we divide and fragment our love, and that when we are seeking self-realization we are integrating love, we would not need to throw away the house or get rid of it, but to understand why we love it in the way we love it. If we manage to do this, we will not need to strip ourselves of the family.

The family is a duty. But we have to know how far the duties and the rights within the family extend, in order to be able to advance consciously in the integration of the Real Family and the disintegration of the psychological family.

End of Conference 35